



## **Parasha Bechukotai**

June 1, 2024

*Torah:* Leviticus 26:3-27:34

*Haftarah:* Jeremiah 16:19-17:14

*Ketuvim Shlichim:* John 14:15-21

*Shabbat Shalom Mishpacha!* If you have listened to many of my messages, you know that they are not typical “feel-good” messages. They are not “I’m ok, you’re ok” types of messages. But they are messages with a good conclusion, that is, if you choose to follow Yeshua’s instructions, not mine, but His. Well, this is another message about obeying ADONAI. Don’t blame me. He is the one who gave the material in today’s *parasha*. Today’s major discussion in Yeshua’s greater body is “What commands do we have to follow?” It’s easier for us here in Messianic Judaism. The answer is simple; “those that can be obeyed today.”

Our *parasha* this week is *Bechukotai*, meaning “in my statutes.” ADONAI said to Israel: 3 “*If you walk in My statutes, keep My mitzvot and carry them out,4 then I will give you rains in their season, the land will yield its crops, and the trees of the field will yield their fruit.*” (Leviticus 26:3-4 TLV). He goes on to make more statements concerning what He will do for Israel if they keep His statutes and *mitzvot*. They include an extended harvest of grain and grapes, *shalom* in the Land with freedom from defeat and having His Tabernacle among them. These are all wonderful things, but unfortunately, Israel has not “walked in His statutes nor kept His *mitzvot* and carried them out.”

After that, ADONAI made more than thirty statements about what He would do against Israel if they did not keep His *mitzvot*. These things include having many diseases, being routed by their enemies, their land not yielding crops, having plagues, having wild animals kill the children and animals, being attacked by their enemies, having plagues while trapped in the cities, having famine causing the eating of their children’s flesh, destroying their cities and sanctuaries, and scattering them among the nations leaving behind desolated land and wasted cities. And ADONAI eventually did these things to Israel because they did not keep His statutes (*chuqqim*) and *mitzvot*.

Last *Shabbat*, we spoke from *Parasha Behar* about the *Sh’mifah* and the *Yovel* rest for the land. Israel did not follow ADONAI’s instructions regarding giving the land rest. After telling them all the terrible things that He would do to them, things which He eventually did after hundreds of years patiently waiting for their obedience, He said: 34 *Then the land will enjoy its Shabbatot all the days of its desolation, while you are in the land of your enemies. Then the land will rest and enjoy its Shabbatot.*” (Leviticus 26:34 TLV). Even though ADONAI was patient with Israel, He meant what He said. He sent them into captivity for 70 years (Jeremiah 25:11-12; 29:10; Daniel 9:1-2; 2 Chronicles 36:20-21) as payment for the land not having its *Sh’mifah* rest that He commanded.

The next few things I say are entirely my opinion. They cannot be proven or presented as absolute truth, just that they could be. ADONAI has stated that Israel’s *Sh’mifah* debt was paid by 70 years of captivity in Babylon, and following that, I don’t

believe He has more punishment for Israel. I also believe that the Holocaust was “the time of Jacob’s trouble” spoken of by Jeremiah (Jeremiah 30:4-7), and it is not in the future as some say today, but in the past. Jeremiah said: 7 ... *Yet out of it he will be saved.* (Jeremiah 30:7b TLV). Jacob’s trouble, from which a remnant was saved, opened the door for Jacob to return to the Land of Israel and recover his land. Jacob’s trouble was not ADONAI’s punishment, but *HaSatan’s* attempt to wipe out G-d’s chosen people through people’s hate, something that he has resumed at full speed today. I do not believe that ADONAI has more punishment planned for His people, basing this upon what He said through Jeremiah regarding Israel’s Babylonian punishment: 10 *For thus says Adonai: “After 70 years for Babylon are complete, I will visit you, and fulfill My good word toward you—to bring you back to this place. 11 For I know the plans that I have in mind for you,” declares Adonai, “plans for shalom and not calamity—to give you a future and a hope.”* (Jeremiah 29:10-11 TLV). And these are still ADONAI’s plans for Israel. He has not planned calamity for the Jews of the world but has returned them to their land and will soon give them their future and hope, the coming of Yeshua, their Messiah and King, in a peaceful land.

Because of their disobedience, ADONAI’s chastisement has come upon Israel more than once. Yet His plans for Israel are a future and a hope. But the truth is that we are all guilty. Everyone in the world is guilty today, the pagans for sure, but also traditional Jews and Yeshua’s followers of all stripes. We have all sinned and fallen short of the glory of G-d. (Romans 3:23). *Sha’ul’s* intent in writing these words was that we all need Yeshua to deal with our sins. This is true for those who have not trusted in Him but also for us who have. The reality for Yeshua’s followers is that after trusting in Him, we continue to sin and need to repent regularly. We start off well but sometimes fall back into our old pattern. Yeshua, speaking to the congregation at Ephesus, said: 5 *“Remember then from where you have fallen. Repent and do the deeds you did at first. If not, I will come to you and remove your menorah from its place—unless you repent.”* (Revelation 2:5 TLV). This is His word for the whole body of Messiah today. We have all fallen short. Yeshua was our first love, and we have left behind our zeal for Him and His Word, which we had at first. Only He knows whose *menorah* has been removed and even what removing it fully means, but many in today’s body of believers are greatly in danger, the danger of being spewed out of His mouth, spit out because of our lukewarmness. (Revelation 3:16). We hope and pray that those who have strayed from the path of Yeshua will repent, something even necessary for some of us. We are not called to be Gurus sitting on a mountain top doing our own thing. The calling of the body of the Messiah is a participation calling. If we really want revival, we must fill the congregations, coming together to repent on our knees. We desperately need revival, but without repentance, it will not happen.

We are disobedient children who are reaping the consequences of our disobedience. This is not a judgment of any organization, church or person. Yeshua is our only judge. But many of the commands given to us are flagrantly being disobeyed. Some claim to belong to Yeshua who are in adultery and others make fornication a way of life. And some have completely returned to their old ways. Yeshua said: 13 *“Enter through the narrow gate;”*... (Matthew 7:13a TLV). We can’t live any way we want and have His promise of life. Many start out well but soon find the real life of a follower of Yeshua too confining, and return to their old ways. 14 *How narrow is the gate and difficult the way that leads to life, and those who find it are few.”* (Matthew 7:14 TLV). The narrow gate includes the obedience that ADONAI expects from His people, Israel. We who have trusted Yeshua are citizens, people of Israel, having entered into covenant with ADONAI through the New

Covenant that He made with Israel. Today Yeshua's followers are the righteous remnant, those in covenant with ADONAI through His active covenant, the New Covenant. Jew and Gentile, all who have trusted Yeshua are expected to be covenant keepers. ADONAI said: 32 *"But this is the covenant I will make with the house of Israel after those days" —it is a declaration of Adonai— "I will put My Torah within them. Yes, I will write it on their heart. I will be their God and they will be My people."* (Jeremiah 31:32 TLV). The full covenant that He made at Sinai is no longer in effect. A major part of it was removed when Yeshua died for our sins and the Levitical Priesthood was replaced by the priesthood of Yeshua. But, ADONAI's *Torah*, His teaching and instruction containing laws, has not been removed. Through Jeremiah, He said that He would write it on our hearts. And it is there for those who have trusted Yeshua. Many don't know it, but it is there, and you will find it if you earnestly seek to be Yeshua's disciple.

Why is Yeshua's body so resistant to obeying His righteous commands? He asked: 46 *"Why do you call Me 'Master, Master' and do not do what I say?"* (Luke 6:46 TLV). Yeshua's story about the man who built his house on rock and the man who built his house on sand is very familiar to us. But what is the point of the story? The point of the story is obedience. He said: 47 *"Everyone who comes to Me and hears My words and does them, I will show you what he is like."* (Luke 6:47 TLV). It's about those who hear His words and do them. That person is like someone who builds their house on a rock foundation. But what about the other person? We are accustomed to hearing that his house was built on sand, but the Greek says it was built on *gé* (ghay), meaning ground or land. It was built on *gé* (ghay) *chóris* (kho-rece) *themeliou* (them-el'-ee-ou), land without a foundation, just flat on the ground. 49 *"But the one who hears yet does not do is like a man who built a house upon land without a foundation. When the torrent burst against it, immediately it collapsed—and the destruction of that house was great!"* (Luke 6:49 TLV). Yeshua was not speaking about those who haven't trusted Him. He spoke to those who have called Him Master, His followers. That is the question for us. Is our house built on the rock or just the bare ground?

Following His last Passover *Seder*, Yeshua sat with His disciples and encouraged them. Among the things He said was: 15 *"If you love Me, you will keep My commandments."* (John 14:15 TLV). In saying this, He was not giving them a puzzle to solve. The eleven listening to Him knew what He meant. His commandments are His Father's commandments, which He said through Jeremiah that He would write on our hearts. Today, some have gone through the Gospels verse by verse, trying to find everything that Yeshua commanded, believing that those are His commandments and not those found in the *Tanakh*, the Hebrew Bible. But He was not talking about just the commands He made during His 3 ½ year ministry. During His Sermon on the Mount He explained to His disciples about His commandments. He said: 17 *"Do not think that I came to abolish the Torah or the Prophets! I did not come to abolish, but to fulfill. 18 Amen, I tell you, until heaven and earth pass away, not the smallest letter or serif shall ever pass away from the Torah until all things come to pass."* (Matthew 5:17-18 TLV). Some choose to interpret "I did not come to abolish but to fulfill" to mean that a chief purpose of Jesus's earthly ministry was the fulfillment of the law and the prophets. They believe that by His obedience, He completed all the righteousness the Old Testament required. In other words, He did it so they wouldn't have to. Through His fulfilling it, His followers would not have to obey the law and prophets. That is the way that many in Yeshua's body believe today, an antinomian belief, believing that the Law is not required of them. This is not a criticism of anyone's belief but a statement of fact. Each must make his own decision.

Every follower of Yeshua is responsible for his own soul and decides how he will live his life as Yeshua's disciple. We in Messianic Judaism understand Yeshua's words from the Sermon on the Mount to mean that the *Torah* is for us. His words are idiomatic. "I did not come to abolish," means "I did not come to incorrectly interpret." Conversely, "to fulfill" means "to correctly interpret *Torah*." Yeshua said: "If you love me, you will keep my commandments." That is why we do our best to obey Him. It is not because we believe it has any bearing on our salvation. We know it does not. Salvation is by faith through ADONAI's grace alone. But when we stand before Yeshua and receive our final reward, obedience might make the difference between getting a motor scooter or a Cadillac. Of course, you know that is a joke. But while there are rewards for service (Read about them in Matthew 6:20; Hebrews 11:6; Matthew 16:27; Matthew 5:11-13), we don't obey to receive them. Our obedience is a love thing. We are commanded to: 5 "*Love Adonai your God with all your heart and with all your soul and with all your strength.*" (Deuteronomy 6:5 TLV). Our love motivates us to be obedient.

Scripture teaches that non-Jews can only come into a relationship with Yeshua through Israel. It's not possible any other way. The New Covenant prophesied by Jeremiah was given to the people of Israel: 30 "*Behold, days are coming*" —*it is a declaration of Adonai— "when I will make a new covenant with the house of Israel and with the house of Judah—.."*. (Jeremiah 31:30 TLV). Yeshua is the "mediator" of the *B'rit Chadasha*, the New Covenant, and the all-sufficient, once-for-all sacrifice for the sins of the world. This also means that Jews must enter the New Covenant, a covenant ADONAI made with them. Yeshua explained this at his last Passover: 19 *And when He had taken matzah and offered the bracha, He broke it and gave it to them, saying, "This is My body, given for you. Do this in memory of Me."* 20 *In the same way, He took the cup after the meal, saying, "This cup is the new covenant in My blood, which is poured out for you."* (Luke 22:19-20 TLV). All of us, Jew and non-Jew, who have accepted Yeshua's sacrifice have been grafted into *Sha'ul's* metaphorical olive tree in Romans 11, a tree consisting of the re-grafted natural olive branches, Jews, and the grafted wild olive branches, Gentiles. If a Gentile wishes to become a part of the New Covenant, he can only enter through Israel. When one trusts in Yeshua, he becomes a covenant partner in the New Covenant cut with His blood. Speaking to the Samaritan woman at the well, Yeshua said: 22 "*You worship what you do not know; we worship what we know, for salvation is from the Jews.*" (John 4:22 TLV). All who have trusted in and follow Yeshua are citizens of the spiritual Commonwealth of Israel, salvation which derives from the Jews. Yeshua told the Samaritan woman that worshipping on their mountain in Samaria would not provide salvation. After leaving Egypt, *Moshe* had been on Mount Sinai with ADONAI and came down and told the people all of the rulings which ADONAI gave him: 3 *So Moses came and told the people all the words of Adonai as well as all the ordinances. All the people answered with one voice and said, "All the words that Adonai has spoken, we will do."* (Exodus 24:3 TLV). They didn't keep their word. While no group confession is required for the New Covenant, we know that it is ADONAI's and Yeshua's wish that we individually obey.

As they hear the word of truth about spiritual life, people's hearts are touched, and they repent, trusting in Yeshua's sacrifice, and begin to follow Him. Some start strong and then fall away. In Yeshua's Parable of the Sower, some seeds fell on the roadside, some on rocky ground, some among thorns, and some on fertile soil. (Matthew 13:1-23). That probably represents what happens among those who go to Him today. Some of Yeshua's followers are the seed that begins to grow, either along the road, on rock, or among thorns. However, at some point in their relationship with Yeshua, they will leave. At what point

it happens, what causes it to happen and when the relationship is broken, only Yeshua knows. But the faithful ones, those whose seed fell on good soil, endure to the end. He has known who we are since before the universe's creation. He also knows that some of those who fall away will repent and come back. We especially pray for that group. His message to us is to be faithful. It is up to us.

May I speak for you? For us in *Beit Shalom*, we desire to obey ADONAI. Jeremiah told us how: *16 Thus says Adonai: "Stand in the roads and look. Ask for the ancient paths—where the good way is— and walk in it. Then you will find rest for your souls."* (Jeremiah 6:16a TLV). *Tivot olam*, תְּבוּת עוֹלָם, ancient paths, are where *derek hatov*, דֶּרֶךְ הַטוֹב, the good way, is found. As Jeremiah leads up to this verse, ADONAI describes how Israel has been disobedient. No one in Yeshua's body knows and understands everything, but we seek to know the truth, earnestly seeking ADONAI's will and how He would have us walk with Yeshua. David expressed his relationship with ADONAI so very well. Our desire is, like David, to have a heart after G-d: *17 But the mercy of Adonai is from everlasting to everlasting on those who revere Him, His righteousness to children's children, 18 to those who keep His covenant, who remember to observe His instructions.* (Psalm 103:17-18 TLV). May we keep His covenant and observe His commandments in a manner pleasing to Him so that our walk is of the *derek hatov*, the good way.

Studying Scripture can lead us to the *derek hatov*. Psalm 119 especially points us to obedience. It contains an amazing 176 verses. We don't know who wrote it, but scholars suggest David, Ezra, Daniel, or Jeremiah. Whomever it was, he definitely loved ADONAI's *Torah*. He used 8 different words to describe what ADONAI has told us all to do. These are the words he used: *Torah*, תּוֹרָה - law, *edot*, עֵדוּת - testimonies, *derekhim*, דְּרָכֵיכֶם - ways, *pekudei*, פְּקוּדֵי - precepts, *mitzvot*, מִצְוֹת - commandments, *mishpatim*, מִשְׁפָּטִים - judgments, *chuqqim*, חֻקִּים - statutes and *davar*, דְּבָר, - word. Of these 176 verses, all but 8 (76, 82, 84, 90, 121, 122, 132, 149, and 170), that is 168, have some form of these words as a confession of obedience to ADONAI. The 8 verses not having one of these 8 obedience words combine praise and prayer for deliverance. Here are two examples. The psalmist wrote: *47 I delight in Your mitzvot, which I love.* Psalm 119:47 TLV). If he loved them, shouldn't we? He also wrote: *165 Great peace have they who love Your Torah, and nothing causes them to stumble.* (Psalm 119:165 TLV). What a wonderful blessing that would be!

As individuals responsible to G-d, we cannot rely on what someone else has said or taught. It is up to us individually to determine what the Scriptures mean for us. Those who regularly listen to me may trust me to tell the truth, but what if what I tell you is wrong? I'm not infallible. I make mistakes, and I'm certain that I don't understand all of G-d's truths. I can tell you how I interpret "the word of truth." That's my job. But you also have a job, and it is to check me out. You must meditate on the "word of truth. When we stand before Yeshua (2 Corinthians 5:10; Romans 14:10), He won't ask: "Why didn't you do what you were taught?" He will say: "Why didn't you obey My commands?" We will all have to answer. We are standing on the threshold of Yeshua's return and judgment. There has never been a time in history as important as today concerning understanding ADONAI's Word. We cannot depend on the Bible translators. They have their own agenda and make their translation uphold their theology. We have to study the Hebrew and the Greek. Modern computer tools make it easy. Anyone can do it, even with a cell phone.

In the Scriptures, we are shown examples of wise and spiritual behavior which we can emulate. The Jews of the synagogue in Berea, northern Greece, had a particular

character trait: *11 Now these were more noble-minded than those in Thessalonica, because they received the message with goodwill, searching the Scriptures each day to see whether these things were true.* (Acts 17:11 TLV). The Berean Jews were different than most of the people *Sha'ul* encountered. They searched the *Tanakh* daily to see if what he told them about Yeshua was true. They are witnesses to us today. The message is that we should also search from Genesis to Revelation daily to see if the things we have been told are true. Their daily search of the Scriptures resulted from their being “noble-minded.” The Greek word translated as “noble-minded” is *eugenesteroi* (yoog-en'-ace-te-ro-ee), meaning “of noble or high birth.” The implication is that their parents taught them noble ways of looking at things. The modern definition of noble is perfect to help us understand how “noble-minded” should apply to us. It says: “Having or showing fine personal qualities or high moral principles and ideals.” They had these qualities because their parents obeyed ADONAI’s command: *6 “These words, which I am commanding you today, are to be on your heart. 7 You are to teach them diligently to your children...”* (Deuteronomy 6:6-7a TLV). Today, parents who are Messianic followers of Yeshua know that they are to teach ADONAI’s *Torah* to their children. That was the noble result for those Berean Jews; they had been taught by their parents.

Searching ADONAI’s written Scripture is one thing, but I don’t search the *Talmud* or other traditional Jewish writings to find “the word of truth.” I can learn from those sources and often do, but I do not consider them the “word of truth” that *Sha'ul* described to us. (2 Timothy 2:15). The true Word is only contained in the holy writings inspired by ADONAI, Genesis through Revelation. His truth for us is only to be found within the written Scriptures. Concerning Scripture, there are two things we must do. First, determine what “the word of truth” is and when we know it, obey it. Just knowing truth does nothing for us. We must obey. Trusting in Yeshua as Savior, the sin sacrifice who paid the price for our inclusion into ADONAI’s covenant, the New Covenant, is a work of G-d’s grace. All we had to do was to believe and sincerely say: “Yes, L-rd, I trust. I believe that you are the Son of G-d who died for the sins of the world.” That’s His grace toward us. After that, it’s up to us to learn how to live in ADONAI’s covenant, knowing what to do and what not to do. It’s all there, *Torah* written down for us to search, to meditate on, and to reach the goal. The goal, our objective, is as ADONAI told Joshua: *8 ... “so that you may be careful to do everything written in it. For then you will make your ways prosperous, and then you will be successful.”* (Joshua 1:8b TLV). We want to be prosperous and successful. This is ADONAI’s prescription for success. But, as you know, it’s not easy to walk a walk that 99.9% of Yeshua’s followers are not walking. But, nevertheless, that’s what ADONAI has told us to do. And He encourages us in our walk. In the very next verse, He said: *9 “Have I not commanded you? Chazak! Be strong! Do not be terrified or dismayed, for Adonai your God is with you wherever you go.”* (Joshua 1:9 TLV). *Chazak*, “Be strong!” was a word for a people about to go in and face a nation of enemies, but it is also a powerful word for us today who live among a world of enemies. What we see on the world horizon doesn’t look good. The world seems to be falling apart. But, ADONAI says to us: “*Chazak!*” “Be strong! I am with you.”

The *Torah* is said to contain 613 commandments. According to the Babylonian *Talmud* (*Makkot 23b*), *Rabbi Simlai* first mentioned them in the 3<sup>rd</sup> century CE. But they cannot all be obeyed today. Almost 80 % are inactive for two reasons: no Temple and no Levitical priesthood exists. But even if there was a Temple and Levitical priesthood today, obeying 613 commandments would not be legalism. We do not obey in order to be justified by ADONAI. We do it because we are commanded by our Creator to obey. We agree with

*Sha'ul: 20 For no human, on the basis of Torah observance, will be set right in His sight—for through the Torah comes awareness of sin.* (Romans 3:20 TLV). That was true of Israel worshipping in the Wilderness Tabernacle, Israel worshipping in the Second Temple and it is true today for every person who seeks to follow ADONAI. Is obeying laws legalism? If you think so, be aware that there are 1,050 commands in the writings of Yeshua's followers (New Testament). Obeying for us is a heart thing, but we are not prescribing it for the other parts of Yeshua's body. Those in other groups must seek their own truth. Every person determines his own spiritual outcome at his own peril. It is a much more serious thing than most understand.

Should we not delight in ADONAI's *Torah*, which Yeshua upholds? The psalmist wrote: *I delight in Your mitzvot that I love.* (Psalm 119:47). If you believe that *Shabbat* is a command for you and that you should eat according to Scripture commands, shouldn't you know the other commands that Yeshua requires of you? (1 John 3:4-6). *Sha'ul* instructed Timothy and us: *15 Make every effort to present yourself before God as tried and true, as an unashamed worker cutting a straight path with the word of truth.* (2 Timothy 2:15 TLV). I encourage you to study the *Torah* and find *tivot olam*, the ancient paths that can lead you to *derek hatov*, the good way. A list of *Torah* commands I have determined that apply to me can be found at the end of this message on our website. It can be a starting place for you. *Shabbat shalom!*

### **135 Mitzvot For Robert Ackerman,**

Living in Thomasville, Georgia.

Updated 05/30/24

This is not a perfect list. There may be some duplication. These are interpretations of what the *Torah* says by rabbinic rabbis, and not in every case what the Scripture says. The numbers are my system. Those commands identified by \*\*\*\*\* are inactive due to no Temple or priesthood and the requirement to be in Israel. Even though we are not in Israel and cannot keep them as commanded, we choose to celebrate and commemorate them as memorials of our Messiah and a look forward to His return.

- 1 To know that G-d exists (I am ADONAI your G-d) Ex 20:2
- 2 Have no other gods before you Ex 20:3
- 3 To know that G-d is One Deut 6:4
- 4 To Love G-d with all your heart, mind and strength Deut. 6:5
- 5 To fear G-d Deut. 10:20
- 6 To hallow G-d's Name Lev 22:32
- 7 Not to profane G-d's Name Lev 22:32
- 8 To emulate His ways Deut 6:16

- 9 To fear, serve and swear by His name Deut 10:20
- 10 Love your neighbor as yourself Lev. 19:18
- 11 To love outsiders Deut. 10:19
- 12 Not to hate fellow Israelites Lev. 19:17
- 13 To reprove your neighbor Lev. 19:17
- 14 Not to mistreat a widow or orphan Ex 22:21
- 15 Not to be a talebearer Lev. 19:16
- 16 Not to take revenge Lev. 19:18
- 17 Not to bear a grudge Lev. 19:18
- 18 To teach *Torah* to your children Deut. 6:7
- 19 To honor the elderly Lev. 19:32
- 20 Not to make or serve idols Lev. 19:4
- 21 Men to look at their *tzitzit* and remember ADONAI's *mitzvot* (*tallit*) Num 15:39
- 22 Not to blaspheme Ex 22:27
- 23 Not to worship idols Ex 20:5
- 24 Not to speak the names of other gods (in ritual) Ex 23:13
- 25 Not to encourage an individual to idol worship Deut. 13:12
- 26 Not to listen to a promoter of false gods Deut. 13:9
- 27 Not to overlook an idolater's sin or defend him Deut. 13:9
- 28 Not to prophesy if ADONAI has not commanded you to prophesy Deut 18:20
- 29 Not to seek the services of a medium Lev 19:31
- 30 Not to be a medium Lev 19:31
- 31 Not to sacrifice your children to *Molech* Lev 18:21
- 32 Not to erect a pillar for idol worship Deut. 16:22
- 33 Not to place a stone for idol worship Lev 26:1
- 34 Not to bring an idol into your house Deut. 7:26
- 35 Not to follow the ways of the nations that were being driven out of Canaan Lev. 20:23
- 36 Not to attempt to contact the dead Deut 18:11
- 37 Men not to make cuts in their hair or beard (like the Canaanites) Lev 19:27
- 38 Men must not wear women's clothing Deut. 22:5
- 39 Women must not wear men's clothing Deut 22:5



- 40 Not to tattoo the skin (ritually, like the Canaanites) Lev. 19:28
- 41 Not to cut the skin in mourning Deut 14:1
- 42 Not to make a bald spot in the hair in mourning Deut 14:1
- 43 To repent and confess wrongdoing Num 5:7
- 44 To speak of the *Shema* frequently during the day Deut 6:7
- 45 To keep the words of the *Shema* in your thoughts (*tefillin*) Deut 6:8 46 To keep the words of the *Shema* with your hands (*tefillin*) Deut 6:8 47 To keep the words of the *Shema* within your gates (*mezuzah*) Deut 6:9
- 48 Teach the Song of Moses to the generations of Israel Deut. 31:19
- 49 Men to have *tzitzit* on four-cornered garments Num 15:38
- 50 To circumcise all Jewish males on the eighth day after their birth Lev 12:3
- 51 Honor the seventh day; attend a holy convocation on it; not to do any ordinary work on it Ex 20:8-10; Lev 23:3
- 52 \*\*\*\*\* Not to do ordinary work on *Yom Kippur* Lev. 23:32
- 53 \*\*\*\*\* To afflict yourself (fast) on *Yom Kippur* Lev 16:29
- 54 \*\*\*\*\* Not to do ordinary work on the first *Shabbat* of Unleavened Bread Lev 23:7
- 7
- 55 \*\*\*\*\* Not to do ordinary work on the seventh day *Shabbat* of Unleavened Bread Lev. 23:8
- 56 \*\*\*\*\* Not to do ordinary work on *Shavuot* Lev. 23:21
- 57 \*\*\*\*\* Not to do ordinary work on *Rosh Hashanah* (First day of Seventh month) Lev 23:25
- 58 \*\*\*\*\* Not to do ordinary work on the first day (*Shabbat*) of *Sukkot* Lev 23:25
- 59 \*\*\*\*\* Not to do ordinary work on *Shemini Atzeret* (*Shabbat*) Lev. 23:36
- 60 \*\*\*\*\* Not to eat *chametz* for seven days beginning the fourteenth of *Nisan* Deut 16:3
- 61 \*\*\*\*\* To remove *chametz* for 7 days from home on the 14th of *Nisan* Ex. 12:15
- 62 To relate the exodus from Egypt to children Ex 13:8
- 63 \*\*\*\*\* Sound the *shofar* on the 1st day of the seventh month Num 29:1
- 64 \*\*\*\*\* In Israel, native-born to dwell in a *sukkah* for the seven days of *Sukkot* Lev 23:42
- 65 Be fruitful and multiply: have children with one's wife Gen 1:28 66 Authority for men to divorce (but only for fornication by their spouse; Yeshua) Deut. 24:1
- 67 Not to remarry former wife after she married another Deut 24:4

- 68 Not to have relations with your mother Lev 18:7
- 69 Not to have relations with your father's wife Lev 18:8
- 70 Not to have relations with your sister Lev 18:9
- 71 Not to have relations with your father's wife's daughter Lev 18:11 72 Not to have relations with your son's daughter Lev 18:10
- 73 Not to have relations with your daughter Lev 18:10
- 74 Not to have relations with your daughter's daughter Lev 18:10
- 75 Not to have relations with a woman and also her daughter Lev 18:17
- 76 Not to have relations with a woman and her son's daughter Lev 18:17
- 77 Not to have relations with a woman and her daughter's daughter Lev 18:17
- 78 Not to have relations with your father's sister Lev 18:12
- 79 Not to have relations with your mother's sister Lev 18:12
- 80 Not to have relations with your father's brother's wife Lev. 18:4
- 81 Not to have relations with your son's wife Lev. 18:15
- 82 Not to have relations with your brother's wife Lev 18:18
- 83 Not to have relations with your wife's sister Lev 18:18
- 84 A man must not have relations with a beast Lev 18:23
- 85 A woman must not have relations with a beast Lev. 18:23
- 86 Not to have homosexual relations Lev 18:22
- 87 Not to have relations with a married woman (commit adultery) Ex 20:14 Lev 18:20
- 88 Not to have relations with a menstrually impure woman (*niddah*) Lev. 18:19
- 89 Only eat fish with fins and scales Lev 11:9
- 90 Only eat insects that are kosher Lev 11:21
- 91 Eat only split-hoofed animals that chew the cud Lev 11:4
- 92 Not to eat the meat of an animal that died by itself (not slaughtered) Deut. 14:21
- 93 Not to eat of an animal killed by animals Ex 22:30
- 94 Not to eat blood Lev 3:17
- 95 Not to eat certain fats (fat around the internal organs) of clean animals Lev 3:17
- 96 Do not boil a kid in its mother's milk (ritually) Ex 23:19
- 97 To drain the blood of a game animal and cover with earth Lev 17:13 98 Can take the eggs of young birds, but not the mother bird Deut. 22:6

- 99 Not to swear falsely in G-d's Name Lev 19:12
- 100 Not to take G-d's Name in vain Ex 20:7
- 101 Not to steal Ex 20:15; Lev 19:11
- 102 To fulfill what was promised and to do what was avowed Deut. 23:24
- 103 Not to plant two kinds of seeds together Lev 19:19
- 104 Not to crossbreed animals Lev 19:19
- 105 Not to plow with an ox and donkey together Deut. 22:10
- 106 Not to wear clothing of woven wool and linen Leviticus 19:19; Deut. 22:11
- 107 To give charity Deut 15:8
- 108 Not to reproduce the incense formula or pour on human flesh Ex 30:32
- 109 \*\*\*\*\* Count 7 weeks from the day after the first *Shabbat* of Unleavened Bread Lev. 23:15
- 110 Observe the laws of impurity caused by male childbirth Lev 12:2 111 Each individual must ensure that his scales and weights are accurate Lev 19:36
- 112 Not to move boundary marker to steal someone's property Deut 19:14
- 113 Not to murder Ex 20:13
- 114 Not to withhold wages or fail to repay a debt Lev 19:13
- 115 Not to covet Numbers 20:17; Deut. 5:18
- 116 Return a stolen object or its value Lev 5:23
- 117 Return a lost object or animal to its owner Deut 22:3
- 118 Not to endanger the life of your neighbor Lev 19:16
- 119 Make your property safe for others Deut 22:8
- 120 Be kind to the deaf and blind Lev 19:14
- 121 Help another remove the load from a beast which can no longer carry it Ex 23:5
- 122 Do not cheat when you buy or sell Lev 25:14
- 123 Not to mistreat a widow or orphan Ex 22:20
- 124 Not to delay payment of wages past the agreed time Lev. 19:13 125 Not to muzzle the ox while threshing grain Deut 25:4
- 126 Don't charge interest to fellow Jews Ex 22:24
- 127 Not to press for payment if you know they don't have it Ex 22:24 128 The creditor must not forcibly take collateral Deut. 24:10
- 129 Return the collateral to the debtor when needed (i.e. blanket at night) Deut 24:13

130 Not to demand as collateral items needed for providing livelihood Deut 24:6

131 Not to charge excessive interest on things which can be charged with interest; ie, an outsider Deut. 23:20

132 Carry out the laws of the order of inheritance; sons and daughters may inherit Num 27:8

133 Not to add to or take away from the *Torah* commandments Deut. 13:1

134 Honor your father and mother Ex 20:12

135 Remember what Amalek did to the Jewish people Deut 25:17-19